

monifieth tri-club



Monifieth (M3) Junior Aquathlon.

Sunday 26 May 2013

Monifieth High School

This is the third year of the M3 Aquathlon and the event is open to juniors of all abilities from those doing it for fun or charity to those who are competing for IRC qualifying points . Entry ism online at Entry Central (www.entrycentral.com-M3 Junior Aquathlon . We hope to see you there.. First Race Starts 10am. Prizegiving at around 12.30.

Age	Swim Distance	Run Distance
8	60m	0.75km
9-10	160m	1.5km
11-12	240m	2km
13-14	400m	3km
15-16	400m	3km

Age groups are based on your age at 31 December 2013. So if your date of birth is 1 July 2002 you will race in the 11-12 age group although you will be 10 on the date of the race. This is to ensure that the age groups are consistent across all events through the year.

The event is supported by Monifieth Tri Club and Active Schools.

Entries at [www.entrycentral .com](http://www.entrycentral.com).

Entry fees - 8 to 10 years old £5

11 to 16 £8